Measurements of Radon Concentrations and Dose Assessments in Chemistry Department-Science College- Al-Mustansiriyah University, Baghdad, Iraq

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ABSTRACT

Measurements of radon gas concentrations with their progeny and the annual effective dose indoor the building of Al-Mustansiriyah University College of Science-Chemistry Department have been carried out by using time-integrated passive radon dosimeters solid state nuclear track detector CR-39 technique. The detectors with 1cm x 1cm have been distributed over 58 places and suspended for sitting (1m) and standing (1.75m) positions in each location under study. The dosimetric measurements are made over a period of 100 days from 30 January 2014 to 10 May 2014. The calibration process has been done using radium-226 source with known activity radiation. It has found that the indoor radon gas concentrations varying from 35.220±5.935Bq/m3 to 71.673±8.466Bq/m3 with an average value 49.129±6.969Bq/m3 at 1m, and varying from 31.794±5.639Bq/m3 to 68.246±8.261Bq/m3 with an average value 45.487±6.696Bq/m3 at 1.75m which are within the worldwide limits 148Bq/m3 (EPA, 2003) and 200-300Bq/m3 (ICRP, 2009). The annual effective dose of the inhalation exposure to radon gas has been estimated and this vary from 0.370mSv/y to 0.753mSv/y with an average value 0.516mSv/y at 1m, and varying from 0.334mSv/y to 0.717mSv/y with an average value 0.478mSv/y at 1.75m which are within the worldwide permissible limits 3-10mSv/y (ICRP, 1993). The potential alpha energy concentration found to vary from 3.808mWL to 7.748mWL with an average value 5.311mWL at 1m and vary from 3.437mWL to 7.378mWL with an average value 4.918mWL at 1.75m which are less than the recommended value 53.33mWL (UNSCEAR, 1993). The lung cancer cases per million person per year vary from 6.664 to 13.562 per million person per year with an average value 9.296 per million person per year at 1m and vary from 6.016 to 12.913 per million person per year with an average value 8.607 per million person per year which are less than the recommended range 170-230 per million person per year (ICRP, 1993). The number of decays per minute using swabs measurements technique have been used for selected units within two swabs from building materials walls for each unite, with area of 100cm2 using Ludlum 3030, the average of three swabs measurements have been calculated. Hence, the effectiveness of emitted alpha particles from the walls has been calculated to be varied from 0.00556 to 0.02222Bq/cm2 with an average value 0.01154Bq/cm2 at 1m and 0.00000Bq/cm2 to 0.01667Bq/cm2 with an average value 0.00983Bq/cm2 at 1.75m respectively which is within the permissible limit 0.04Bq/cm2 (Danial, 2010).

Keywords: Indoor Radon gas; Natural radioactivity; CR-39 detector; Annual effective dose; Ludlum 3030

I. INTRODUCTION

Radon was the fifth radioactive natural element being found as a noble gas, which was discovered by the German Physicist Friedrich Ernst Dron in (1900), who called it Niton. It has been called radon since (1923). Its atomic number is 86 and mass number is 222 in the periodic table [1, 2]. Radon is a gas that comes from the radioactive decay of either uranium-235 and 238 or thorium-232. All of the gaseous radon members of the three primordial series headed by U-235, U-238, and Th-232 which are common naturally occurring are radioactive alpha particle emitters [3]. The decay of radon, with uranium-238, goes through four inter-
mediate states to form radium-226 which has a half-life 1600 years. Radium-226 then decay to form radon-222 gas. Radon's half-life is 3.82 days, which provides sufficient time for it diffuse through soil and into homes, where it further disintegrates to produce the more radiologically active radon progeny (radon daughters) [2]. The name radon is Rn-222 isotope in order to distinguish it from other two natural isotopes; called thoron Rn-220 (alpha emitter of 55.6s half Life) and action Rn-219 (alpha emitter of 3.96 s half-Life) because they originate in the thorium and actinium series, respectively. Because of these properties the measurements of the alpha dose delivered from action Rn-219 and thoron Rn-220 would be the primary concern but so far these situations have been rare [2]. Because Rn-222 gas moves freely in the indoor environment, it becomes a human health hazard. If its concentration in indoor air becomes high, radon and its decay products can be inhaled and cause lung cancer. Many previous studies of indoor radon concentration have been performed with widely used of solid state nuclear track detectors (SSNTDs) [4, 5, 6, 7, 8, 9, and 10]. However, in this work the indoor radon gas concentrations using CR-39 detectors have been measured in the department of chemistry in college of science of Al-Mustansiriyah University, at which a radioactive sources are usually used in their laboratories.

II. METHODS AND MATERIAL

A. Area of the Study

Baghdad city is located in the Middle of Iraq and it is the capital of the Republic of Iraq. Its location of latitude 33.316666 and longitude 44.416668 it is located about 34meters above sea level, with a total area nearly of 204.2 km² and a population nearly of 7665292inhabitants, see Fig. 1 Baghdad city has a desert climate characterized by extreme heat during the day, an abrupt drop in temperature at night, and slight, erratic rainfall. The temperature is moderate at 12°C in winter and 33°C in summer. Its lands are flat and levelled in areas linked to waters from the Tiger River. AL- Mustansiriyah University is located in the Southern of Baghdad City, see Fig. 2. The science college and their buildings are shown in Fig. 3. The three figures are taken from Google earth.

B. Measurement Technique

Radon concentrations are measured using 68 plastic cups (i.e. dosimeters) prepared with solid state nuclear track detectors CR-39 of 500µm thick, density 1.36 gm/cm³, UK issued, and 1x1 cm² area are distributed inside the rooms and laboratories of department of chemistry. 34 detectors of 68 are suspended at 1m and the others are suspended at 1.75m. Each dosimeter is to be made of a plastic cup of height 4.5cm, the diameter of the bottom is 3cm and that of the top is 4.5cm, with a circular hole of diameter 1cm in the centre, Fig. 4a shows the typical CR-39 track detectors. The hole is covered by a piece of sponge sealed into the interior surface of the lid. The detector CR-39 is fixed in the bottom of the dosimeter as shown in Fig. 4b. The detectors are left for a period of three months from 30 January 2014 to 30 April 2014. The exposed detectors are collected from different locations and etched chemically in 6.5M NaOH solution at 60°C for 6 hours. The chemical etching process to the CR-39 detectors has been done in order to show the alpha-particles tracks from 222Rn. Optical microscope with magnification of 400X by an objective (4x, 10x, 40x and 100x) and two eye pieces (10x) with digital video camera of 5MB resolution and connected with a personal computer to show and counting the alpha damage tracks formed on the detectors.

Fig. 4a. Typical CR-39 track detectors seen in the present work for chemistry department.
C. Ludlum3030

The Ludlum3030 alpha-beta counter is powered by main supply of AC voltage. The instrument features a built-in detector, ZnS (Ag) adhered to plastic scintillation material, tube 5.1cm (2inch) diameter, magnetically shielding photomultiplier, window 0.4mg/cm$^2$ aluminized molar, active and open area 20.3cm$^2$, efficiency alpha 32% $^{230}$Th, 39% $^{238}$U, 37% $^{239}$Pu, high-voltage power supply, adjustable count time periods, and a click-per-event audio with adjustable volume. A pulse height analyser is employed to provide information to the two independent counters. Filter paper for qualitative analysis made in Germany by diameter 4.5cm, used to take samples from the walls of the chemistry department building of the college of science.

D. Chemical Etching

For the preparation of etching solution, the weight of (NaOH) has been calculated as follows [11]:

$$W = W_{eq} \times N \times V \quad (1)$$

Where: $W$ is the weight of NaOH needed to prepare for a given normality, $W_{eq}$ is the equivalent weight of NaOH (i.e. the summation of the atomic weight of Na, O and H). i.e. $W_{eq} = 22.98977 + 15.9994 + 1.00794 = 39.99711 = 40$. $N$ is the normality =6.25. $V$ is the volume of distilled water (1 liter). $W = 40 \times 6.25 \times 1 = 250$ gm of NaOH in 1 liter of distilled water.

E. Microscopic Viewing

After etching and drying process the detectors have a viewing by optical microscope so as to get on the alpha particles tracks by selecting right zoom (the ability of magnification is equal to 1000 related to objective lens and camera with magnification 100 and 10 respectively) and to count the tracks per unit area. Especially glass slide have been used to calibrate the dimensions of pictures. The camera has been connected with a microscope to photograph promised tracks. The camera is connected with the computer to show pictures effects on a computer screen. The calibration of software have been done to calculates the area of field view on a glass slide in front of the lens object-oriented and to calculate the length and width of the picture, then calculate the area and divides the average number of tracks ($N_{ave}$) for the (sample X) calculated on the area of field view per unit mm$^2$ ($A$) to get the track density. Ten attempts (pictures) have been taken for each sample, otherwise to calculate the average number of tracks obtained for each sample. The track density ($\rho$) has been calculated by using the following equation [12, 13]:

$$\text{Track density (}\rho\text{)} = \frac{\text{average number of total tracks (}\, N_{ave}\text{)}}{\text{area of field view (A)}} \quad (2)$$

F. Calibration of CR-39 Detector

The calibration of CR-39 detector has been carried out by using the standard source of radium $^{226}$Ra with radioactivity ($A$=0.1$\mu$Ci=37000Bq) at manufacturing data 1-03-1982, which emits radon gas $^{222}$Rn. After correction the activity to $A$=36481.13Bq at 30-09-2013 and dose rate at 1cm is 63.611$\mu$Sv/hr using Rad Pro software. The CR-39 detector and the standard source of radium $^{226}$Ra were placed at the special container used in the present work with a cylindrical shape and volume 0.11m$^3$ diameter 40cm and height 85cm as shown in Fig. 4c.
The activity of radon gas ($A_{\text{Radon}}$) inside the container at any time can be calculated by using the following equation [14]:

$$A_{\text{Radon}} = A_{\text{Radium}} \times (1 - \exp(-\lambda_{\text{Radon}} \times t)) \quad (3)$$

Where: $t_{1/2}^{(222}\text{Rn}) = 3.8253$ day. $A_{\text{Radium}} = 36481.1\text{Bq}$ is the activity of radium-226 as a standard source. $\lambda_{\text{Radon}}$ is the decay constant of radon-$222 = 0.1812\text{ day}^{-1}$. $t$ is the exposure time in day. The exposure time of detectors was with different times (0.25, 0.5, 0.7, and 1 day), then the radon exposure determined by [15]:

$$E_s(\text{Bq day/m}^3) = [A_{\text{Radon}}(\text{Bq})/V(\text{m}^3)] \times t(\text{day}) \quad (4)$$

Where $E_s$ is the radon gas exposure (i.e. concentration) in standard source. $A_{\text{Radon}}$ is the radioactivity of $^{222}\text{Rn}$ calculated by Eq. (3). $V$ is the container volume in m$^3$; $t$ is the exposure time in day. Fig. 5 shows the relation between the track density ($\rho_s$) and the radon exposure ($E_s$).

Slope = $\rho_s/E_s \quad (5)$

Where $\rho_s$ is the track density of standard source (tracks/mm$^2$). $E_s$ is the radon exposure of standard source (Bq/m$^3$.day) = (Bq/m$^3$) by multiplying with (0.25, 0.5, 0.75, and 1 day).

G. Calculation of Radon Exposure

After microscopic viewing process has been done to calculate the track density. Radon gas $^{222}\text{Rn}$ concentration indoor has been measured by comparison between track densities on the detector around the unknown sample and that of the standard calibration source, from the following relation [15]:

$$E_s(\text{sample})/E_s(\text{standard}) = \rho_s(\text{sample})/\rho_s(\text{standard}) \quad (6)$$

i.e. $E_x = E_s(\rho_s/\rho_q)$. Where $E_x$ is the radon gas exposure in unknown sample (Bq/m$^3$.day). $\rho_q$ is the track density of unknown sample(tracks/mm$^2$). Therefore, from the slope = $\rho_s/E_s$ , $E_x$ can be estimated as:

$$E_x = \rho_x/Slope \quad (7)$$

H. Determination of Radon Concentration

Radon concentration in surrounding air is measured in terms of Bq/m$^3$, since the most regulate reference levels are specified in this unit. Determinations of radon concentration indoor buildings of the Department of Physics-College of Science are carried out by the following equation [16, 17]:

$$C_{\text{Rn}}(\text{Bq/m}^3) = \frac{E_s(\text{Bq day/m}^3)\rho_s}{\rho_x/t} \quad (8)$$

Where $\rho$ is the track density (number of track /mm$^2$) of distributed detectors. $t$ is the exposure time (days) of distributed detectors. Comparable method is also obtained for track detectors techniques to determine the calibration constant (factor). This is obtained by dividing...
the track density by the total exposure of radon source. Then Eq. (8) of radon exposure becomes [18, 19]:

\[ C(Bq/m^3) = \frac{1}{\text{slope}} \left( \frac{p}{t} \right)_{\text{det}} \]  

(9)

Since

\[ \frac{1}{\text{slope}} = \frac{E_x(Bq.d/m^3)}{\rho_x(\text{track/mm}^2)} \text{; slope} = \frac{\rho_x(\text{track/mm}^2)}{E_x(Bq.d/m^3)} \]

(10)

Where the slope is the calibration factor in terms of (track.mm$^{-2}$/ Bq.day.m$^{-3}$).

I. Dose Assessment Indoor Radon

A. The annual effective dose

The annual effective dose, $H_E$ due to radon inhalation, which corresponds to the values of indoor air radon concentrations, was calculated according to the following expression [20]:

\[ H_E = C_{Rn} \times E_q \times T \times 9nSv(Bq.h.m^{-3})^{-1} \]  

(11)

Where $C_{Rn}$ is the average indoor air radon concentration, in Bq/m$^3$. $E_q$ is the indoor equilibrium factor between radon and its progeny (=0.4) (Wahl, 2007) [20]. $T$ is the exposure time to this concentration, in hours, and 9nSv (Bq.h.m$^{-3}$) is the dose conversion factor.

B. Potential Alpha Energy Concentration

The Potential Alpha Energy Concentration (PAEC) in terms of (WL) units was obtained using the relation [8, 21]:

\[ \text{PAEC(WL)} = E_q \times C_{Rn}/3700 \]  

(12)

C. Lung Cancer Cases per Year per Million Person

The lung cancer cases per year per million people (CPPP), was obtained using the relation [4, 21, 22]:

\[ \text{CPPP} = H_E \times (18 \times 10^{-6}\text{mSv}^{-1}.y) \]  

(13)

Where 18x10$^{-6}$ mSv$^{-1}.y$ is conversion factor.

D. Alpha particles emitted of surfaces

Specific activities of various radionuclides, disintegrations per minute per 100 square centimetres (dpm/100 cm$^2$) used to measure alpha emitted of surfaces of an object, such as concrete or metal [23].

\[ \text{Alpha emitted (Bq/cm}^2) = \text{dpm}/6000 \]  

(14)

Where (dpm) is equal to (Bq/60). Table 1 tabulated the location name and the cods at 1m and 1.75m in the department of chemistry laboratories building. While Fig. 6 shows the block diagram for the chemistry department laboratories building.

![Fig. 6 Block diagram for the chemistry department.](image-url)
III. RESULT AND DISCUSSION

Radon exposure for such long time is necessary in order to obtain relatively a good number of tracks and to be counting statistically. The calibration factor used for conversion of track density (track/mm².day) to radon concentrations in (Bq/m³) is 0.12423track.mm⁻² per Bq.day.m⁻³. The background has been calculated by calculating and subtracting from the track density of each track detector which was exposure to a period of measurement. The radiological risk associated with indoor radon exposure and relevant regulation has been evaluated. Regulations vary greatly between countries. The United States of America (USA) use a reference level of 148Bq/m³ for dwellings and 400Bq/m³ for workplaces (USEPA, 2004) [24]. The European Union (EU) accepts the recommended action level, the radiation level above which preventive action must be taken, included in the International Commission on Radiological Protection (ICRP, 1965) [25] of between 500 and 1500Bq/m³ given by Kavasi et al., 2006 [26], and ICRP, 2009 [27] has identified the limit of radon concentration for the population to be (200-300 Bq/m³) (ICRP, 2009) [27]. In the United Kingdom (UK) the Health and Safety Executive (HSE) given by Kendall et al., 2005 [28] has adopted a radon action level of 400Bq/m³ for workplaces. Also the limit is populated to be (148Bq/m³) in Environmental Protection Agency (EPA) (EPA, 2003) [29]. In Hungary the action level for workplaces is 1000Bq/m³ (Kendall et al., 2005) [28]. While Israel uses a reference level between 40 and 200Bq/m³ (Akerblom, 1999) [30]. There are no specific regulations in Iraq for indoor radon levels in either dwellings or workplaces. Department of Chemistry Building consists of several unites including laboratories preliminary studies and laboratories graduate addition to the private rooms of the masters. Among 68 suspended detectors, 6 have been lost. The results of the measurements at 1m and 1.75m for the department of chemistry are as follows:

A. Measurements at 1 meter for Department of Chemistry

Figs. 7, 8, 9, and 10 show the measured radon concentrations, the annual effective dose, potential alpha energy concentrations, and the lung cancer per year million person for different locations in the building of department of chemistry at 1m. The minimum radon concentration is recorded at location (Ch16a1), inorganic chemistry laboratory lab A4, with a value 35.220±5.934Bq/m³, and the maximum value of radon concentration recorded at location (Ch3a1), teaching staff room no.1, with a value of 71.672±8.465Bq/m³, with an average value 49.129±7.009Bq/m³. The results are less than the limits (200-300Bq/m³) (ICRP, 2009) [27], and (148Bq/m³) (EPA, 2003) [29]. The measurements of radon concentrations from 30Bq/m³ to 40Bq/m³ are at locations: Ch16a1=35.219, Ch17a1=37.823, Ch21a1=39.741, Ch22a1=35.904, Ch23a1=37.412, Ch24a1=36.589 and Ch26a1=35.356Bq/m³. The measurements of radon concentrations from 40Bq/m³ to 50Bq/ m³ are at locations: Ch1a1=41.523, Ch8a1=41.797, Ch10a1=46.868, Ch11a1=46.045, Ch13a1=44.264, Ch14a1=47.553, Ch17a1=47.964 and Ch20=40.975. The measurements of radon concentrations from 50Bq/m³ to 60Bq/m³ are at locations: Ch4a1=59.612, Ch5a1=57.694, Ch6a1=57.009, Ch9a1=53.583, Ch18a1=57.968, Ch19a1=54.697. The measurements of radon concentrations from 60Bq/m³ to 70Bq/ m³ are at locations: Ch2a1=63.038, Ch7a1=61.257, Ch12a1=65.368 and Ch25a1=60.435. The measurements of radon concentrations from 70Bq/m³ to 80Bq/m³ are at location: Ch3a1=71.672. The values of the indoor annual effective dose vary from 0.370mSv/y in (Ch16a1) to 0.753mSv/y in (Ch3a1) with an average value 0.516mSv/y which is less than the lower limit of the admissible range 3-10mSv/y (ICRP, 1993)[31]. The values of the potential alpha energy concentration were found to vary from 3.808mWL in (Ch16a1) to 7.748mWL in (Ch3a1) with an average value 5.311mWL which is less than the admissible value 53.33 mWL given by UNSCEAR, 1993 [3]. The values of lung cancer cases per million person per year vary from 6.664 in (Ch16a1) to 13.565 in (Ch3a1) with an average value 9.296 per million person which is less than the lower limit of the admissible range 170-230 per million person per year (ICRP, 1993) [31].

B. The measurements at 1.75 meter for Department of Chemistry

Figs. 11, 12, 13 and 14 show the measured radon concentrations, the annual effective dose, potential alpha energy concentrations, and the lung cancer per million
person per year for different locations in the department of chemistry building at 1.75m. The minimum radon concentration is recorded at location (Ch17a2), inorganic chemistry laboratory for higher studies A4, with a value (31.793±5.638Bq/m³), and the maximum radon concentration recorded at location (Ch3a2), teaching staff room no.1, with a value of 68.246±2.46Bq/m³, with an average value 45.487±6.768Bq/m³. All results are within the worldwide limits 200-300Bq/m³ (ICRP, 2009) [27], and 148Bq/m³ (EPA, 2003) [29]. The measurement radon concentrations from 30Bq/m³ to 40Bq/m³ are at locations: Ch10a2=33.163, Ch11a2=33.026, Ch13a2=36.864, Ch14a2=35.904, Ch16a2=32.204, Ch17a2=31.793, Ch19a2=37.960, Ch22a2=35.356, Ch23a2=36.864 and Ch26a2=36.041Bq/m³. While the measurement radon concentrations from 40Bq/m³ to 50Bq/m³ are at locations: Ch1a2=45.634, Ch5a2=43.442, Ch9a2=49.197, Ch15a2=44.127, Ch19a2=47.964, and Ch24a2=41.386Bq/m³; and the measurement radon concentrations from 50Bq/m³ to 60Bq/m³ are at locations: Ch2a2=55.090, Ch4a2=53.171, Ch7a2=53.034, and Ch25a2=55.364Bq/m³. Then the measurement radon concentrations from 60Bq/m³ to 70Bq/m³ are at locations: Ch3a2=68.246, Ch6a2=67.698, Ch12a1=67.013Bq/m³. Fig. 15 shows the radon concentrations at 1m and 1.75m for different locations in the laboratories building of the chemistry department. The minimum value recorded at location (Ch17a2) with a value of 31.793±5.638Bq/m³ and the maximum value recorded at location (Ch3a1) with a value 71.673±8.466Bq/m³. All results are within acceptable limits 200-300Bq/m³ (ICRP, 2009) [27], and 148Bq/m³ (EPA, 2003) [29]. The indoor annual effective dose varies from 0.334mSv/y in (Ch17a2) to 0.717mSv/y in (Ch3a2) with an average value 0.478mSv/y which is less than the lower limit of the admissible range 3-10mSv/y (ICRP, 1993) [31]. The potential alpha energy concentration were found to vary from 3.437mWL in (Ch17a2) to 7.378mWL in (Ch3a2) with an average value 4.918mWL which is less than the admissible value 53.33mWL given by UNSCEAR, 1993 [3].

C. Measurements of the Alpha particles emitted from wall surfaces

For this process, we need to use a filter paper which has specifically designed to take swabs from the surface of the walls inside rooms, since the walls consisting of building materials. The swabs have been taken from 52 swabs from the wall surfaces with squared area (10x10) cm² by scanning all this area with a filter paper. The measurements have been done by insert the filter in the Ludlum3030 device for a period of one minute. This procedure will be repeated three times for each filter respectively, to take the average value then using Eq. (14) to calculate the emitted alpha particles. Fig. 16 shows the results of measurements of alpha particles emitted from the wall surfaces in the chemistry department building by using Ludlum3030. The minimum value is 0.000Bq/cm² recorded at locations (Ch5a2, and Ch17a2), laboratory of spectra2 G-Lab A1, and inorganic chemistry laboratory for higher students A4 respectively. The maximum value 0.02222Bq/cm² recorded at location Ch12a1 (the laboratory of organic chemistry) and Ch25a1 (the laboratory of biochemistry preparation room) respectively. The average value is 0.01154Bq/cm² for sitting position and 0.00983Bq/m² for standing position. Therefore, all results are lower than the recommended limit 0.04 Bq/cm² given by Daniel, 2011 [32].
IV. CONCLUSION

The maximum recorded value of higher radon concentrations in the laboratory building of Chemistry Department is $71.673 \pm 8.466 \text{Bq/m}^3$ in (Ch12a2) the laboratory of organic chemistry, and the minimum value is $31.794 \pm 5.639 \text{Bq/m}^3$ in (Ch17a2) the at inorganic chemistry laboratory for higher students A4 for standing position respectively. Both results are lower than the recommended worldwide (200-300Bq/m$^3$) (ICRP, 2009), and (148Bq/m$^3$) (EPA, 2003). The maximum indoor annual effective dose, potential alpha energy concentration, and lung cancer cases per million person per year are $0.704\text{mSv/y}$, $7.245\text{mWL}$, and $12.680$ in (Ch12a2) the laboratory of organic chemistry for sitting position respectively. While the minimum values are $0.334\text{mSv/y}$, $3.437\text{mWL}$, and $6.016$ in (Ch17a2) the inorganic chemistry laboratory for higher students A4 for standing position respectively. Which are less than the lower limit of the admissible limit range 3-10mSv/y (ICRP, 1993), and (148Bq/m$^3$) (EPA, 2003). The maximum measured alpha particles emitted values from the wall surfaces are $0.02222\text{Bq/cm}^2$ at (Ch12a1, and Ch25a1) laboratory of organic chemistry and laboratory of biochemistry preparation room respectively for sitting position. The results are lower than the recommended worldwide limit (0.04Bq/cm$^2$). All results are within the worldwide acceptable limits and there are no health risks.

V. REFERENCES


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