

# Role of Curricular and Extension Activities in Higher Education

Mrs Jyoti D. Kamble

Assistant Professor, Department of Food and Nutrition, Sevadal Mahila Mahavidyalaya, Nagpur, Maharashtra, India

## ABSTRACT

Home Science is the skill based subject in higher Education starts from ancient time to improve the skill of earning in students and curricular course and extension activities improve the student to do any job in the field. Home Science is the faculty of higher education with different skills and different curricular and co-curricular and extension activities. Through extension activities and knowledge based programmes student earn money for their future life. Higher Education have value of earning is the basic need of all student so there is need to improve skill based Programme in higher education.

**Keywords:** Extension Activities, Co-curricular activities, Character building, Student etc.

## I. INTRODUCTION

Higher Education is the foundation of Student life for Settlement. Co-curricular activities i.e. Food Preservation workshop Bakery course, cakes and Biscuits preparation, practical, Surveys, visits, Guest lectures etc. are some of the examples of curricular activities and it play an important role in higher education. Extension activities collaboration with NGO and GO organizations, Family Resource Management, Nongovernment organization are different organization. Extension activities play an important role in student development. Extension activities play an important role in job opportunities to student in their learning and earning issues, development of students, students performance etc.

Government and Nongovernment organization run so many programmes. With the help of these programmes student and family, Women welfare activities were generally organized in higher education in college and University are of the following.

- A women empowerment awareness and education programmes.
- Visit to slum areas, villages, and localities for awareness drives, demonstration, health checkups, income generating programmes, literacy day, AIDS awareness, World Womens Day etc.
- Spread awareness programmes of corona from threatening area educate about its curability, booster doses etc.
- Womens security and self defence.
- Swachha Bharat Abiyan
- Sher bachao, Jungle bachao on occasion of wild life week celebration
- Visit to old age center, panchvativruddhashram

- Antidrug street play act.
- Donation to orphans.
- Demonstration of low cost nutrition recipes, beauty care, child care and womens health
- Camps involving sanitation, awareness, republic day celebration, workshop value education, conference field work, NSS Camps,
- Visit to libraries educational and historical spots, statue of visit to great persons.
- Yoga day celebration sports day, Marathi Hindi Diwas, Blood Donation camp
- Plastic free campus day.
- Literacy day.
- Yoga training programme
- Medical, physical test Students.
- Gender equality, awareness programme.
- Women security at workplace awarenessprogramme.

Co- Curricular and extension activities in Home Science are varioustypes and way to earn and learn.

#### **Importance of conducting co-curricular Activities in College and University:-**

Every activities in classroom and in college campus co-curricular activities are meant to bring social skills, intellectual,moral values, personality progress and character appeal to students. It includes athletics,cultural events, library activities science lab activities, classroom activities creative arts, meditation etc.

- Proper education
- Development of Cultural values
- Personality development of student sharpen their communication skills, public speaking, Administation,,Anchoring, Dance, Athletics, gymnastics and Sports, Yoga and Defencethese are some of the activities beneficial for students. Physical fitness as well as Mental health and they are relieved from academic stress.

**Learning Experience and Building of Character &Moral Values:-**The students through co- curricular activities learn essential, ethical values about different, cultures religions and event of national and international importance as well as discipline and school life ethics. They learn to understand different religion values, characters, patience empathy, sympathy,kindness.The college co-curricular activities impact that they learn studies boredom, so gathering, cultural events, visits, field work campus improve their interest in studies and development of their personality.

#### **Benefits of Co-curricular and Extension Activities in Student Life in Higher education**

- **Building of life span**
- **Character building**
- **Development of moral values**
- **Future plan**
- **Earn and learn**
- **Role in National Development, Awareness and responsibility.**

## II. CONCLUSION

Extension Activities like donation to old people and orphans in society. Home Science is the faculty of higher education with different skills and different curricular and co-curricular and extension activities. Through extension activities and knowledgebasedprogrammes. Student earn money for their future life stand on own. Higher Education have value of earning is the basic need of all student so there is need to improve skillbasedprogramme in higher education. In this way Curricular activities important for National Development in Higher Education.

## III.REFERENCES

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