Human Values and Personality Development of College Students

Prof. Nitu J. Shende
Smt. Nankibai Wadhwani Kala Mahavidyalaya, Yavatmal, Maharashtra, India

ABSTRACT

Human Values are the core values that make up our personality and define how we act in life. These values are very important because they define us and guide us through life. The values we hold to determine who we want to be, how we live our lives, and the choices we make every day. Without these values, our lives would become chaotic and there would be no meaning behind all the things we do or say. Attitude, behavior, morals and character are factors that determine a person's personality. All of these elements work together to build a student's personality. All people have these values in one way or another, and it is up to us to decide which values are most important to us. 20th-century philosopher Martha Nussbaum lists ten innate human values: truth, beauty, justice, courage, moderation, wisdom, love, equality, humility, and hope. These are values that all people should try to uphold in their daily lives. It is also important for society as a whole to recognize these values and make them explicit in social systems, institutions and organizations so that people always know what they stand for.

Keywords: - Human, Values, community, Personality.

I. INTRODUCTION

The importance of human values is that they provide an understanding of what students consider important in their lives. There are many different aspects of human values. For example Integrity, morality and goodwill are all aspects of human values. A specific aspect of values is the idea of self-esteem. Self-esteem has two forms: inner and outer self-esteem. External self-esteem is concerned with how others perceive you, while internal self-esteem is concerned with how you perceive yourself. When someone has high external esteem, they want to make sure other people rate them highly too, while someone who has high internal esteem only wants others to like them because they do it themselves.

Methodology: - Primary Data has been collected through News paper, Internet and books.

Types of Human Values: -

There are 6 types of human values are autonomy, community, creativity, justice, power and self-determination. These values are the things that motivate us to do what we do and make decisions based on these values.

Autonomy: - Autonomy is the ability to be self-directed and take responsibility for our own actions. When someone has autonomy, they have the freedom to choose their own path in life, and they can pursue a career or lifestyle that they want without feeling like they're being pushed into something that isn't for them.

Community: - Community is the sense of belonging and connectedness to other people. People who value community tend to feel that everyone needs the other to survive and thrive. **Creativity: -** Creativity is about having fun with new ideas and thinking outside the box. It's important because it helps us solve problems in creative ways, so we don't have to rely on old methods that may no longer work. Justice:- Justice means fairness for all.

Power: - Power is the ability to realise one's own desires without interference from others.

Self-determination: - Self-determination means making choices and living according to one's own convictions rather than letting others dictate how one should live one's life.

Values influence personality development: - They are ordered according to the scale of their relative importance and are cross-situational. They guide the evaluation and selection of a particular behaviour. When values conflict with each other, a person tends to behave according to the one who occupies a higher position in the hierarchy. Values are beliefs that have inherent value in the form of usefulness or significance to the holder" or "principles, norms, or characteristics that are considered valuable or desirable" Values represent an important feature of the self-concept and serve as guiding principles for the person. It has been documented in the literature that values are so inextricably interwoven with human language, patterns of thought and behaviour that they have fascinated philosophers for millennia. Yet they have proven to be so "fast-moving" and complex that, despite their crucial role in human motivation, we remain desperately ignorant of the laws that govern them. human values are aspects of life that are important to individuals in their daily lives. These values can be both abstract and concrete.

II. CONCLUSION

Love, Joy, Truth, Peace, Justice, Beauty, and Freedom. Human values influence daily life by focusing our attention on what is most important to us as human beings. These values, in turn, influence the way we live our daily lives by contributing to how we spend our time and energy. For example, if a person's value is truth, they may want to pursue knowledge or challenge false beliefs in their friends or family members. If a person's value is justice, then they may want to help someone who has been wronged in some way. Ultimately, these individual human values form a person's philosophy of life that guides them as they move through this world. Students are the future of India, and this future of our country depends to a great extent on the values that are instilled in them during their student life. Moral values pave the way for all their choices in life, because without these values, children have no direction and their lives can seem directionless. In order to be accepted and respected by society, parents and caregivers should ensure that these strong moral values are instilled in children as a way of life. Personality development not only ensures that one looks good and is presentable, but also helps one face the world with a smile. Personality development goes a long way in reducing stress and conflict.

III. REFERENCES

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