

# Application of Carbon Nanobeads Prepared from Castor Seeds as a Sensor for the Detection of Estradiol

# Swapna Gijare<sup>\*1</sup>, Suma Jebin<sup>2</sup>, Umesh Mhapankar<sup>3</sup>

<sup>\*1</sup>Assistant Professor, Department of Humanities and Basic Sciences, Fr. C. Rodrigues Institute of Technology, Vashi, Navi Mumbai, India

<sup>2</sup>Assistant Professor, Department of Humanities and Basic Sciences, Fr. C. Rodrigues Institute of Technology, Vashi, Navi Mumbai, India

<sup>3</sup>Assistant Professor, Department of Industrial Electronics, Fr. Agnel Polytechnic, Vashi, Navi Mumbai, India

# ABSTRACT

This paper presents the application of Carbon Nano beads (CNBs) prepared from castor seeds as a precursor by CVD method as a sensor to determine the concentration of estradiol in the urine sample. Semiconductors are the key for fabricating sensors. The semiconducting nature of prepared CNBs has been confirmed by photoluminescence (PL) technique. The required study for determining the hormone content of the urine sample in the presence of CNBs as a sensing material has been carried out using a CNB jig. The output voltage of the jig for the samples as well as standard solution of estradiol has been measured and calibrated into the concentration of estradiol in  $\mu$ g/ml. This sensor is a non-invasive, cheap, faster, simple to fabricate as compared to conventional diagnostic methods available.

Keywords : Carbon Nano Beads, Estradiol, Non-Invasive, Concentration

## I. INTRODUCTION

Hormones are the substances produced by the endocrine glands that have chemical effect on the other parts of the body. Women produce hormones like estradiol (estrogen), Follicle Stimulating Hormone (FSH), Luteinizing Hormone (LH) and progesterone. Certain hormones rise at the various times of menstrual cycle and during pregnancy. Estrogen is the predominant female hormone. Estradiol is the major form of estrogen produced in the ovary. On the first day of Menstrual cycle, estrogen and progesterone levels are low which signal the pituitary gland to produce FSH.FSH begins the process of maturing a follicle. Follicle produces more estrogen to prepare uterus for pregnancy. At ovulation, usually around 12th to 14th day, increased estrogen level triggers a sharp rise in LH from pituitary gland causing release of egg from the follicle. Ruptured egg secretes progesterone and estrogen to continue to prepare uterus for pregnancy. If egg is not fertilized, estrogen and progesterone levels drop on 28th day and menses begin. The Female hormone cycle showing the estrogen and progesterone level is shown in Figure.1.

Estrogen is the main regulator of female reproductive system. Generally, its concentration can be detected through blood samples by a routine invasive method. There is a need for development of hormone sensor which could simplify the understanding and hence will enable the treatment of infertility, menopause and other conditions of hormonal imbalances. Women also can use them easily as they detect estrogen from urine samples and moreover, they are reusable.

Carbon nanomaterials (CNMs) are surface structures and therefore, have a predetermined electrochemical and adsorption properties. This makes them a promising starting material for the development of super miniaturized chemical and biological sensor of a high sensitivity. The operation principle of these sensors is based on changes in the V–I curves of nanobeads as a result of adsorption of specific molecules on their surface. With CNMs, the detection of several analytes is possible at low applied potential without using any electronic mediators and hence interferences can be reduced.

#### II. METHODS AND MATERIAL

#### A. Preparation of CNBs

Castor seeds were selected as the precursor. An initial elemental analysis of seeds was done to get an idea about the Carbon content. Castor seeds were found to contain 55.728% carbon. Castor seeds contain 12 - 15% water, to remove the water from seeds they were kept in a hot air oven at  $100^{\circ}$ C for one hour, and then crushed to form powder. Iron (Fe) was used as catalyst for Carbon Nano beads (CNBs) synthesis because of their high solubility in carbon at high temperature and high carbon diffusion rate. A Horizontal CVD furnace was used for synthesis of CNBs from castor seeds. Pyrolysed product, along with carbon also contains remnants of metal catalyst, some amorphous carbon, possibly same as and other impurities. To get pure CNB, the product obtained from pyrolysis was suspended in 1N HCl and kept on stirrer overnight. Then it was filtered through Buckner funnel with the help of Whatman filter paper and finally dried in a muffle furnace at 60°C for 30 min. Purified CNBs were weighed. The morphological observations of as-synthesized and purified CNB were carried out by Scanning Electronic Microscope (SEM).

B. Preparation of standard solution of estradiol

10 mg estradiol (purity 99%) is weighed accurately and transferred to 250 ml beaker. 100 ml Dimethyl sulphoxide (DMSO) with 99% purity is accurately measured using 100ml standard volumetric flask and is added to the beaker containing estradiol with intermittent stirring with the help of glass rod. This gives the standard solution of estradiol of strength 0.1mg/ml. Similarly the standard solution of progesterone of strength 2.5mg/ml has also been prepared.

C. Response of Carbon Nanobeads (CNBs) sensor with standard hormone solutions of estradiol and Progesterone

Testing is carried out by designing a simple circuit containing capacitor, resistor and 9V battery which shown in Figure.2. The voltage across the capacitor using standard solutions of estradiol with CNBs (thin and thick layer separately) has been measured and tabulated in Table.1. This has been done by increasing the amount of estrogen by simply increasing the number of drops of solution. The output voltage decreases with the increasing concentration of estradiol.

D.Testing of estrogen levels in different age group subjects and their comparison with standard response In order to test the sensing ability of CNBs towards female hormones, urine sample of healthy woman as well as the one with hormonal imbalances (age group 25 to 50 years) at different stages of menstrual cycle is used. The observations for the same are tabulated in Table.2

The Calibration of voltage into estrogen level is done as follows: -

From the preparation of the standard solution of estadiol, its strength is calculated as 0.1mg/ml.

Amount of estrogen per ml is 0.1mg. Amount of estrogen per drop (Appx.0.1 ml) is 0.01mg. Amount of estrogen in 5 drops is 0.05mg i.e.50 µg.The voltage drop corresponding to 5 drops of estrogen 0.65 Volts. Conversely, 0.65V corresponds to 50 µg.0.65V is approximately 1V i.e. 1V corresponds to 50 µg.

This shows that as the concentration of estrogen increases, the voltage decreases. Therefore, in order to calibrate the voltage into estrogen concentration, it is decided to take the output across the resistive network instead of sensor (capacitor). The output from sensor is connected to voltmeter through buffer circuit with a calibrating potentiometer. The voltmeter display will correspond to voltage with last three digits and a decimal point before the last digit. Voltmeter is calibrated in linear term so that the display value corresponds to the concentration of the estrogen in the sample. The required circuit diagram is shown in figure.3

## **III. RESULTS AND DISCUSSION**

As the estrogen content increases, the voltage decreases. As the thickness of CNB increases the voltage decreases as thicker CNBs adsorb more estrogen. It was found that CNB does not adsorb any progesterone as no change in the voltage was observed either with thicker or thinner layer of CNBs. This may be due to the presence of carbonyl group in progesterone structure. Estradiol contains hydroxyl group and not carbonyl. This could be the reason for

difference in their conductivity. (Estradiol is an alcohol whereas progesterone is a ketone).

a) Subject A and Subject B :-

- Initial 5 days of menstrual cycle, the estrogen level is low. This is indicated by the high voltage.
- Approximately in the middle of the cycle (14-15th day) when ovulation occurs, the estrogen level is at the peak which is indicated by the low voltage.
- At the post ovulation stage, again estrogen level decreases which is indicated by high voltage.

# b) Subject C and D:-

The voltage being same at all the 3 stages indicates the hormonal imbalance, which may be indicative of Polycystic Ovarian Disease (PCOD). This can be further correlated with conventional blood tests and other diagnostic methods.

## c) Subject E:-

Continuous decrease in the voltage shows that the estrogen levels are almost constant throughout the month which is again indicative of menopausal stage.

## **IV.CONCLUSION**

Response of Carbon Nanobeads (CNBs) sensor with standard hormone solutions of estradiol and Progesterone and with the urine samples of various subjects is studied and compared. It was observed that with increase in the concentration of estrogen and the thickness of layer of CNBs, the voltage decreases. Hence it can be concluded that CNBs can be used to detect the levels of estrogen. This can be used as effective and quick Non-invasive diagnostic technique for checking hormone profile. Progesterone levels cannot be detected.

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			Voltage	Voltage
Sr.	Condition	No.of drops	(With thin layer of	(With thick layer of CNB)
No			CNB)	
•				
1.	Without any	-	9.21 V	6.47 V
	hormone solutions.			
	With estrogen	1 drop	8.5	6.47
2.	_			
		2 drops	8.22	6.20
		3 drops	8.10	4.20
	-	5 drops	7.91	0.65
3	With Progesterone	1 drop	9.10	9.10
	-	2 drops	8.39	9.10
	-	3 drops	8.39	9.10

#### TABLE: 1 The voltage across the capacitor with CNBs for standard solutions

**TABLE: 2** THE OUTPUT VOLTAGE ACROSS THE CAPACITOR WITH CNBS FOR VARIOUS CONDITIONS OF THESUBJECTS.

Subject	Voltage	(15 <sup>th</sup> Day of Menstrual	(Day 20 of menstrual
	(Day 1-5 of Menstrual	cycle)	cycle)
	Cycle)		
A (age 25 years)	8.3	2.3	5
B (age 25 years)	8.4	3.7	4
C (PCOD patient age	7.2	7.6	7.3
28 years)			
D (PCOD patient age	6.8	6.5	6.2
32 years)			
E (Menopause stage	8.3	6.7	5
age 50 years)			



FIGURE.1. THE FEMALE HORMONE CYCLE SHOWING THE ESTROGEN AND PROGESTERONE LEVELS.



FIGURE 2. CIRCUIT DIAGRAM TO TEST THE SENSING ABILITY OF CNBS TOWARDS FEMALE HORMONES



FIGURE 3. CIRCUIT DIAGRAM TO TEST THE SENSING ABILITY OF CNBS TOWARDS FEMALE HORMONES